Co-occurring Mental Health and Substance Abuse Disorders among Juvenile Detainees in Maricopa County

### 2009 AARIN Symposium David E. Choate



#### **AARIN** Definitions of Co-Occurring Disorders

#### Co-Occurring Disorders:

• A condition when an individual presents with both a mental illness and substance abuse or dependence.

#### The AARIN Co-Occurring Addendum:

- Comprised of two parts:
  - The first specific to substance use, and
  - The second specific to mental health.
- <u>Not</u> a diagnostic screening tool for mental illness.



### **Substance Abuse and Dependence**

# The first part of the Co-Occurring Addendum included 18 substance abuse/dependence items:

- 4 designated to assess substance abuse;
- 10 to assess substance dependence; and
- 4 additional items related to intravenous drug use, prior substance abuse/dependence treatment, and family history of substance misuse.
- The diagnostic criteria from the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, Fourth Revision (DSM-IV) for substance abuse and dependence provided the outline for our substance abuse/dependence screening questions.



### **Mental Health Problems**

Mental Health Problems were assessed using respondents' history with professional mental health:

#### Low Risk:

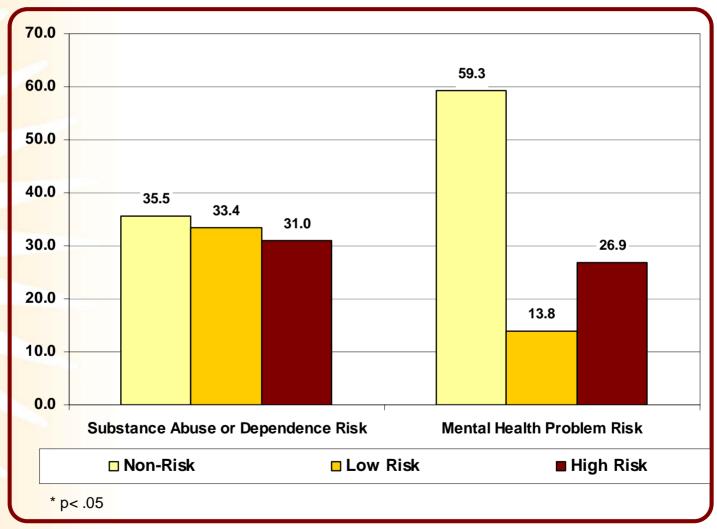
- Have you ever been told by a counselor, social worker, or doctor that you have a mental illness or emotional problem?
- Have you ever been treated by a counselor, social worker, or doctor for a mental health problem?

#### High Risk:

- Have you ever been prescribed medication for a mental health problem?
- Have you ever been hospitalized for a mental health problem?



#### Level of Risk by Substance Abuse/Dependence and Mental Health (n=290)



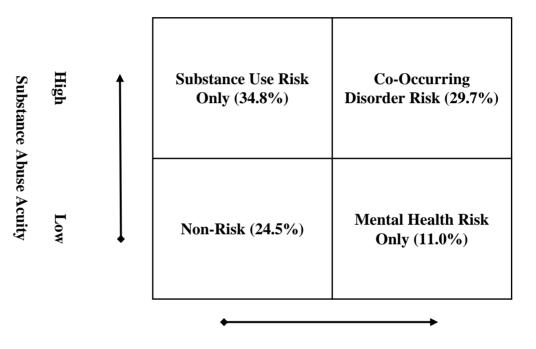


## **Co-Occurring Disorder Risk**

- Respondents were assigned to one of four categories of risk for co-occurring disorders.
- A simplified version of the co-occurring disorder quadrant model was employed to create the four distinct categories:
  - None Not at risk for either substance abuse or mental health problems,
  - Substance Abuse only,
  - Mental Health Problems only,
  - Co-Occurring at risk for both substance abuse and mental health problems.



### **Co-Occurring Disorders Quadrant Model**



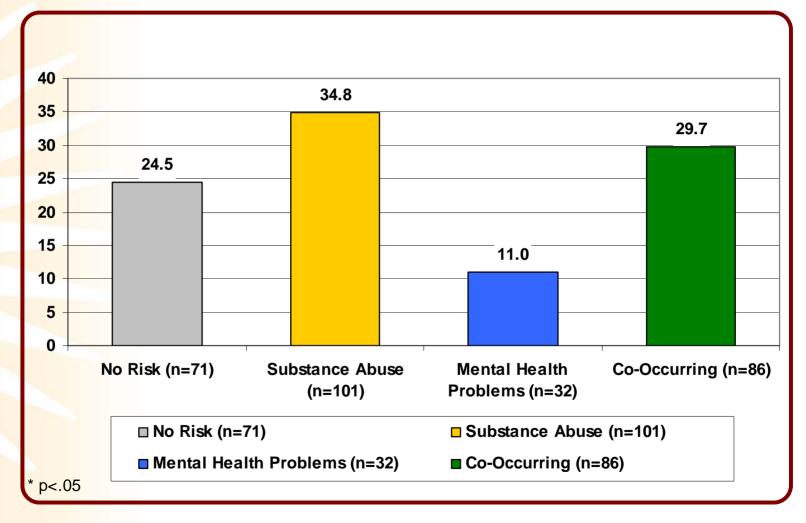
Low

High

Mental Health Acuity

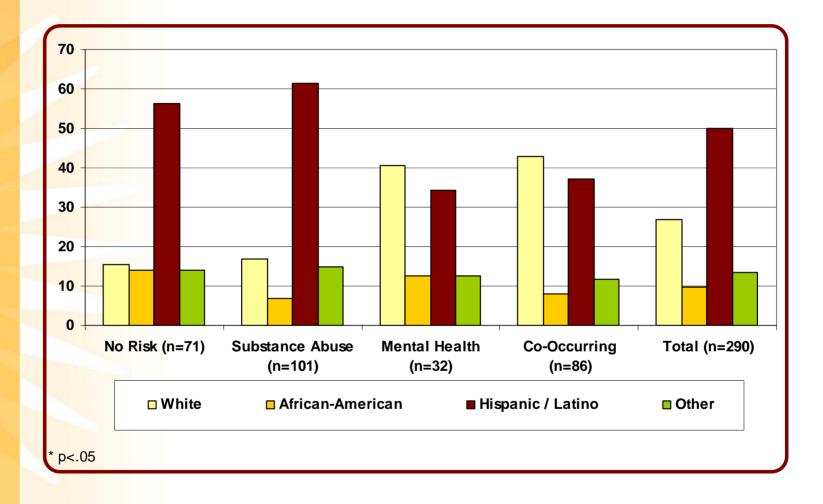


#### **Distribution of Co-Occurring Disorder Risk**



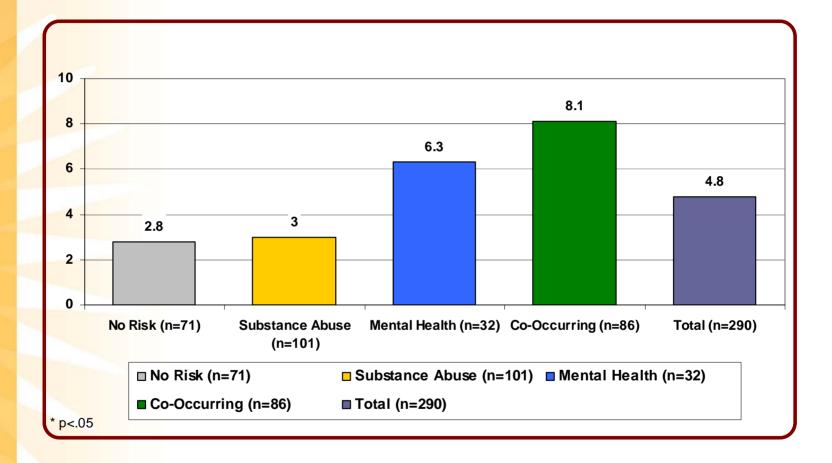


## **Race by Co-Occurring Disorder \***



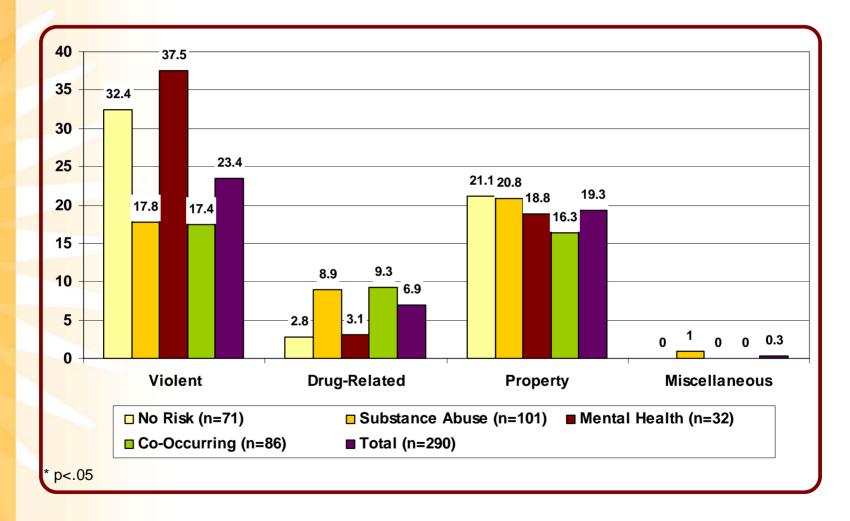


### **Homelessness by Co-Occurring Disorder \***





### **Current Offense by Co-Occurring Disorder \***



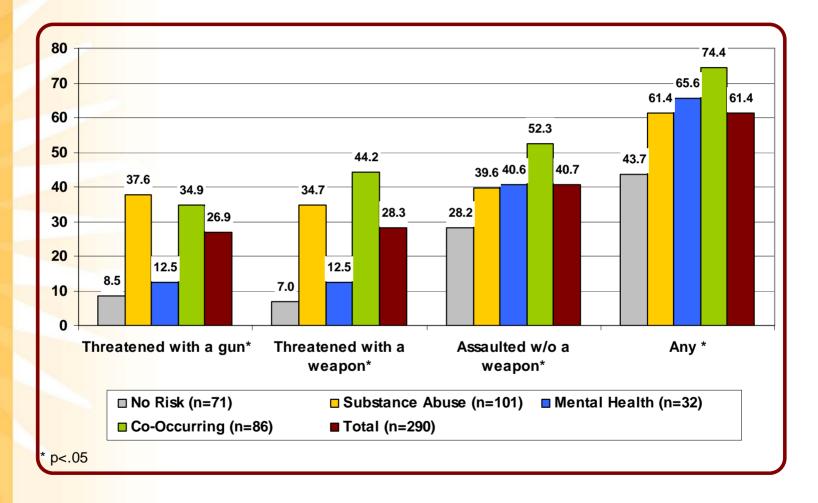


### **Prior** Arrests and Incarceration

- Respondents classified as at-risk for a Co-Occurring disorder, were:
  - Significantly more likely to have been arrested in the past 12 months.
    - 28% were arrested 3 or more times
    - On average, they were arrested 1.9 times in the past year, compared to 0.9 times for the non-risk group.
  - More than 16% of them had served time in jail/prison in the past 12 months at least 3 times, only 4-12% of other groups were incarcerated so frequently.

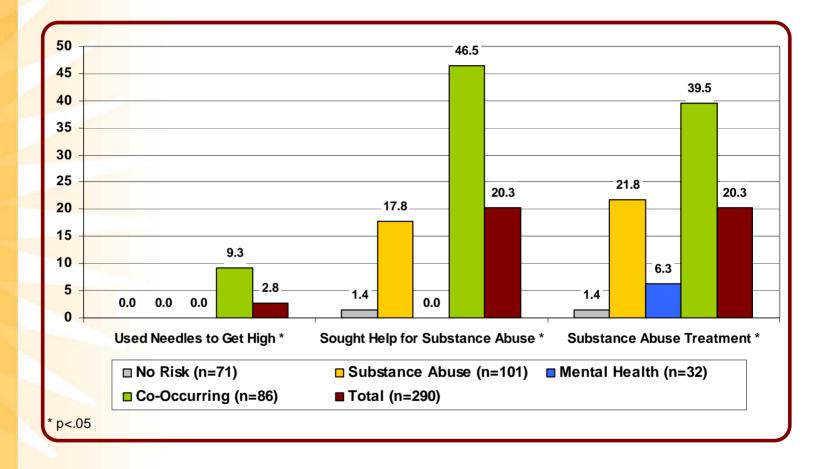


### **Violent Victimization \***





### **Public Health and Treatment Concerns**





### **Sum**mary

- AARIN findings support that the co-occurring disorder population place tremendous stress on the criminal justice system – in both nature and scope.
  - Scope 29.7% of our sample qualified at-risk for a co-occurring disorder (86 of 290 arrestees).
  - Most arrestees with any mental health problems, also had co-occurring substance abuse:
    - just 11% (n=32) of respondents were classified as having mental health problems without substance abuse.
  - They are more likely to be arrested, and more frequently.



### Summary, continued

- Nature of the problem of co-occurring disorder arrestees:
  - Societal and public health sector demands:
    - Twice as likely to be homeless
    - Significantly more likely for IV drug use
  - Criminal justice system demands:
    - Less likely to be violent offenders
    - More likely to be arrested and jailed, and more frequently
    - At significant risk for violent victimization including assaults, aggravated assaults, injuries from firearms and other weapons, and robberies.

