Arizona State University's 2016 Annual Report on Suicide in Glendale

Prepared by Center for Violence Prevention and Community Safety

> Sponsored by Centers for Disease Control and Prevention

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#### About the Center for Violence Prevention and Community Safety

In order to become more committed to the Arizona community and to society as a whole, Arizona State University is setting a new standard for research universities through the model of the New American University. As a New American University, ASU is measured not by who we exclude, but by whom we include; our pursuit of research that considers the public good; and we assume major responsibility for the economic, social, and cultural vitality of our community. Social embeddedness is core to the development of ASU as the New American University. Social embeddedness is a university-wide, interactive, and mutually supportive partnership with the communities of Arizona.

Toward the goal of social embeddedness, Arizona State University established the Center for Violence Prevention and Community Safety in July 2005 to respond to the growing need of Arizona's communities to improve the public's safety and well-being. The Center for Violence Prevention and Community Safety is a research unit within the Watts Family College of Public Service and Community Solutions at Arizona State University. The Center's mission is to generate, share, and apply quality research and knowledge to create "best practice" standards. The center specifically evaluates policies and programs, analyzes and evaluates patterns and causes of violence, develops strategies and programs, develops a clearinghouse of research reports and "best practice" models, educates, trains and provides technical assistance, and facilitates the development of and construction of databases. For more information about the Center for Violence Prevention and Community Safety please contact us using the information provided below.

#### **Mailing Address**

Center for Violence Prevention and Community Safety Arizona State University UCENT 411 N. Central Ave., Suite 680 Mail Code 3120 Phoenix, AZ 85004

**Phone** (602) 496-1470

Web site http://cvpcs.asu.edu/

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We thank and acknowledge the cooperation and support of the Arizona Department of Health Services, Bureau of Vital Records, and the many local law enforcement agencies and medical examiner offices throughout the State of Arizona that have provided information to the AZ-VDRS. Without our partners, the AZ-VDRS would not be possible. The agencies that provided data for this report are:

Apache County Medical Examiner's Office Coconino County Medical Examiner's Office Paradise Valley Police Department Gila Messinger Mortuary Maricopa County Medical Examiner's Office Phoenix Police Department Mohave County Medical Examiner's Office Navajo County Medical Examiner's Office New Mexico Office of the Medical Examiner Safford Police Department Pima County Medical Examiner's Office Pinal County Medical Examiner's Office Yavapai County Medical Examiner's Office Yuma County Medical Examiner's Office

**Apache Junction Police Department Buckeye Police Department** Casa Grande Police Department **Chandler Police Department** Chino Valley Police Department **Douglas Police Department** El Mirage Police Department Flagstaff Police Department **Gilbert Police Department Glendale Police Department Kingman Police Department** Lake Havasu City Police Department Marana Police Department Maricopa Police Department Mesa Police Department Nogales Police Department

**Oro Valley Police Department** Peoria Valley Police Department Prescott Police Department Prescott Valley Police Department Sahuarita Police Department Scottsdale Police Department Sedona Police Department Show Low Police Department Sierra Vista Police Department Snowflake Taylor Police Department St. John's Police Department Surprise Police Department **Tempe Police Department Tucson Police Department** 

**Coconino County Sheriff Office** Maricopa County Sheriff Office Navajo County Sheriff Office Pima County Sheriff Office Pinal County Sheriff Office Yavapai County Sheriff Office Yuma County Sheriff Office

ADHS, Bureau of Vital Records

During 2016, the AZ-VDRS Advisory Board provided input, advice and support. These individuals and their agencies were paramount to establishing and maintaining the program. We would especially like to thank Tomi St. Mars and Pam Goslar for their serving as the executive leaders of the steering committee. They have been our strongest champions and provided continuous leadership throughout the project. We would be remiss if we did not thank our CDC science officer Dr. Shane Davis-Jack and our CDC project officer Michele LaLand for their tireless support and answering all of our questions.

#### Introduction

The National Violent Death Reporting System (NVDRS) is a state-based surveillance tool to improve our understanding of violent deaths. Given the magnitude of the suicide problem in the United States, improved data collection and research efforts are critical to finding and implementing better intervention and prevention efforts. Currently, 50 states, plus Puerto Rico and the District of Columbia participate in the National Violent Death Reporting System (NVDRS). NVDRS is a national state-based surveillance system for violent deaths developed by the Centers for Disease Control and Prevention (CDC).

Arizona began its partnership in the surveillance system with the collection of 2015 violent death data. Through the mechanisms of data integration and abstraction from death certificates, medical examiner reports, and law enforcement reports the Arizona Violent Death Reporting System (AZ-VDRS), as an NVDRS site, seeks to contribute to these efforts of reducing suicides in Arizona. By gaining a deeper understanding into the scope and nature of the suicide problem at state and local levels, local and state authorities, policymakers and other stakeholders are better able to assist in determining resource allocation and are able to find more effective or efficient strategies as a response to suicide. This report presents findings from the AZ-VDRS, which is sponsored by the Centers for Disease Control and Prevention (CDC) and describes suicide patterns and trends in Glendale in calendar year 2016. This report was auto-generated through a computer program. If you recognize errors in text or in the reporting of figures, please notify us so we can address the problem(s).

#### **Data and Methods**

Data presented in this report are from the Arizona Violent Death Reporting System (AZ-VDRS), from January 1, 2016 through December 31, 2016. The violent death data are collected from three sources and are used to populate an aggregated, anonymous database. The three sources include death certificates, medical examiner reports, and law enforcement reports. AZ-VDRS contain data on victim/suspect demographics and specific circumstances about the incident including, but not limited to, mental health problems, recent problems with a job, finances, or relationships, and physical health problems. These original data sources are de-identified, abstracted and aggregated into a CDC-managed database.

Data collection and abstraction in Arizona begins with the death certificate. The Arizona Department of Health Services and its Division of Vital Records provide the AZ-VDRS with a comprehensive death certificate file containing year-to-date deaths defined by ICD-10 codes encompassing all manner of suicide, homicide, legal intervention, unintentional firearm injuries, and deaths of undetermined intent, on a monthly basis. Requests are then made to the responsible medical examiner for autopsy investigation and toxicology reports, and to the relevant law enforcement jurisdiction for all incident and investigation reports, for each decedent. This report primarily uses data gathered on all occurrent suicide decedents in the AZ-VDRS database with a date of death from January 1, 2016 through December 31, 2016. Most analyses are presented using rates. Rates for this report were calculated using incidence counts per 100,000 population, as estimated by the U.S. Census Bureau, specifically its 2016 American Community Survey 5-Year Estimates.

## Findings

## Suicides in Glendale, 2016

In 2016, there were a total of 38 suicide victims in Glendale. There were 38 victim(s) of single suicide (100.0%).

## Suicide Victims Reported by Month, 2016

Month	Frequency	Percent
January	3	7.9
February	2	5.3
March	3	7.9
April	2	5.3
May	2	5.3
June	5	13.2
July	4	10.5
August	4	10.5
September	5	13.2
October	4	10.5
November	1	2.6
December	2	5.3
Unknown	1	2.6
Total	38	100.0

# Location Type of Injury Incident per Suicide Victim

Location	Frequency	Percent
House, apartment	33	86.8
At victim's home	31	81.6
Not at victim's home	2	5.3
Motor vehicle (excluding school	2	5.3
bus and public transportation)	2	5.5
Other (i.e., Hospital or medical		
facility, hotel/motel, office		
building, public transportation	3	7.9
or station, service station, farm,		
etc.)		
Total	38	100.0

## Weapon Type Used in Suicide

Weapon	Frequency	Percent
Firearm	25	65.8
Poison/Personal	6	15.8
Hang/Strangle/Suffocate	4	10.5
Fire or burns	1	2.6
Drowning	1	2.6
Motor vehicle including buses, motorcycles	1	2.6
Total	38	100.0

Note: Multiple Firearms were used in several suicides. Personal weapons include fists, feet, and hands in actions such as punching, kicking or hitting.

#### **Victim Demographic Characteristics**

The next series of exhibits demonstrate the characteristics of victims involved in Arizona suicides including gender, age, race, and ethnicity.

Sex

#### Sex of Suicide Victims

Frequency	Percent
25	65.8
13	34.2
38	100.0
	25 13 29

# Age of Suicide Victims

Age Range	Frequency	Percent
0-14	0	•
15-24	3	7.9
25-34	9	23.7
35-44	3	7.9
45-54	11	28.9
55-64	7	18.4
65-74	1	2.6
75+	4	10.5
Total	38	100.0

Race

# **Race of Suicide Victims**

Frequency	Percent
37	97.4
1	2.6
38	100.0
	37 1

Ethnicity

# Ethnicity of Suicide Victims

Ethnicity	Frequency	Percent
Not Hispanic	29	76.3
Hispanic	8	21.1
Unknown	1	2.6
Total	38	100.0

### Marital status

## Marital Status of Suicide Victims

Marital Status	Frequency	Percent
Married/Civil Union/Domestic	13	34.2
Partnership	15	34.2
Never Married	11	28.9
Divorced	7	18.4
Widowed	4	10.5
Married, but separated	3	7.9
Total	38	100.0

#### Education Level

## **Education Level of Suicide Victims**

Education Level	Frequency	Percent
<= 8th grade	2	5.3
9th - 12th grade	7	18.4
High school or GED graduate	15	39.5
Some college credit	7	18.4
Associate	3	7.9
Bachelor	4	10.5
Total	38	100.0

# Place of birth

# Place of Birth of Suicide Victims

Place of Birth	Frequency	Percent
Arizona	11	28.9
Other US States	23	60.5
Other countries	4	10.5
Total	38	100.0

#### **Circumstance Characteristics of Suicide Victims**

AZ-VDRS collects information about the circumstances and conditions surrounding all violent death events, with some specific variations for different manners of death (e.g. suicide event histories collected for suicides). The tables below presents our findings on the frequency of circumstances that surrounded decedents across five major dimensions: mental health; substance abuse and other addictions; interpersonal problems; life stressors; and prior suicide events. The frequencies are the total number of the event occurring and categories within each dimension are not mutually exclusive.

#### Mental health, substance abuse, and other addiction

Mental Health, Substance	Frequency	Percent
Abuse, and Other Addiction		
Current Mental Health Problem	19	50.0
Depressed Mood	15	39.5
Current Treatment for Mental	6	15.8
Health/Substance Abuse	6	15.8
Ever Treated for Mental	35	02.1
Health/Substance Abuse	35	92.1
Alcohol Problem	36	94.7
Substance Abuse Other (not	2	7.0
including alcohol)	3	7.9

#### Mental Health, Substance Abuse, and Other Addiction of Suicide Victims

#### Relationship and Life Stressors

#### **Relationship and Life Stressors of Suicide Victims**

Relationship and Life	Frequency	Percent
Stressors		
Prior Exposure to Violence	38	100.0
Relationship Problems	38	100.0
Life Stressors	38	100.0

## Manner Specific Circumstances Manner Specific Circumstances of Suicide Victims

Manner Specific	Frequency	Percent
Circumstances		
History of Expressed Suicidal	22	84.2
Thoughts or Plans	32	84.2
History of Suicide Attempts	34	89.5
Disclosed Suicidal Thoughts or	35	92.1
Plans	55	92.1
Left a Suicide Note	31	81.6

# Toxicology Results Toxicology Results of Suicide Victims

Toxicology Results	<b>Total Testing Positive</b>	Percent Testing Positive
Toxicology Test Conducted	15	100.0
Tested Positive for at least One	12	80.0
Drug		
Alcohol	2	13.3
Amphetamine	5	33.3
Antidepressant	3	20.0
Opiate	4	26.7
Other Substance	3	20.0
Unknown/Not Applicable	26	